



# Professional Caregiver Training

## For Long-Term Resident Foreigners

‘Caregiving’ is a profession to help the elderly or disabled

### Advantages of Caregiving as a Job

- Anyone can learn to do it
- Many employment opportunities
- Stable job
- Opportunity to help others in need

You will learn Japanese  
used in the work place

### Advantages of This Course

- Become certified as a professional caregiver
- Only Long-Term Resident Foreigners are admitted (Classes are taught in easy Japanese)
- You can learn Japanese used in the work place
- Job search and application assistance (Mock interview practice and assistance with resume writing)
- Classes are free of charge (Only cost is the text books: 7,326 yen)
- May be eligible for a subsidy (Conditions apply)
- Free childcare services available



### Class Scenes



Students  
learning  
theoretical  
knowledge



Students  
working on  
mastering  
caregiving  
skills



### Training Course

**When:** 2026/07/01 - 2026/09/30 (3 months), 9:00-16:00 weekdays  
(closed on Saturdays, Sundays and public holidays)

**Where:** Shizuokaken Kinrosha Sogo Kaikan 5F – Rosei Kaikan  
(Shizuoka-shi Aoi-ku Kuroganecho 5-1)

**What:** Learn how to care for the elderly and disabled in a safe, simple, and comfortable way

**Admission:** Available only to Long-Term Resident Foreigners (Capacity: 10 people)

Should be able to read & write both hiragana & katakana at least.

\*Inquire at your local Hellowork, whether you are Long-Term Resident Foreigner or not, and explain your background.

## Application

When: **2026/04/30 - 2026/06/09**

Where: Hellowork

Interpreters are available on these weekdays.



Applicants should check this page



静岡県立工科短期大学校  
静岡市清水区楠 160

## Admission Exam



|                     |                                                                                                                                                                                                                                                              |
|---------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| When                | <b>2026/06/17</b> (Wednesday) 9:00 - 12:00                                                                                                                                                                                                                   |
| Where               | Shizuokaken Kinrosha Sogo Kaikan 5F - Rosei Kaikan<br>Address: Shizuoka-shi Aoi-ku Kuroganecho 5-1                                                                                                                                                           |
| What                | <ul style="list-style-type: none"> <li>- Guidance about the details of the training</li> <li>- Reading &amp; writing hiragana &amp; katakana proficiency test</li> <li>- Overall Japanese ability test</li> <li>- Interview using simple Japanese</li> </ul> |
| Things to Bring     | <ul style="list-style-type: none"> <li>- Pen, pencil, and eraser</li> <li>- Postage stamp for 320 yen / Purchase it at a post office or a convenience store</li> </ul>                                                                                       |
| Result Announcement | <b>2026/06/24</b> (Wednesday), by post                                                                                                                                                                                                                       |

## Calendar

Lesson

Reserved

Visit HelloWork

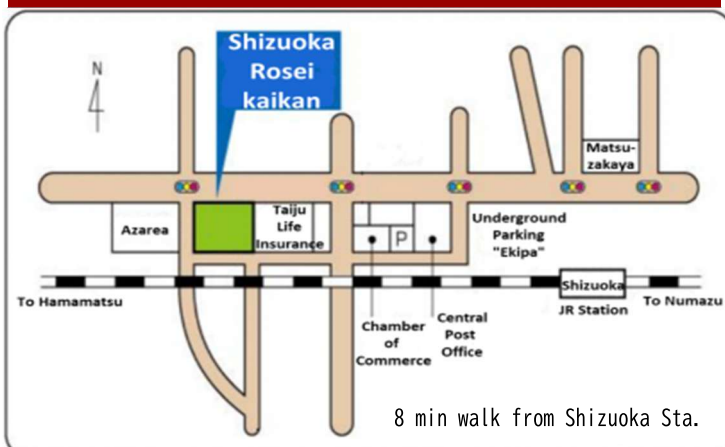
Holiday

| July |    |    |    |    |    |    | August |    |    |    |    |    |    | September |    |    |    |    |    |    |
|------|----|----|----|----|----|----|--------|----|----|----|----|----|----|-----------|----|----|----|----|----|----|
| S    | M  | T  | W  | T  | F  | S  | S      | M  | T  | W  | T  | F  | S  | S         | M  | T  | W  | T  | F  | S  |
|      |    |    | 1  | 2  | 3  | 4  |        |    |    |    |    |    | 1  |           |    | 1  | 2  | 3  | 4  | 5  |
| 5    | 6  | 7  | 8  | 9  | 10 | 11 | 2      | 3  | 4  | 5  | 6  | 7  | 8  | 6         | 7  | 8  | 9  | 10 | 11 | 12 |
| 12   | 13 | 14 | 15 | 16 | 17 | 18 | 9      | 10 | 11 | 12 | 13 | 14 | 15 | 13        | 14 | 15 | 16 | 17 | 18 | 19 |
| 19   | 20 | 21 | 22 | 23 | 24 | 25 | 16     | 17 | 18 | 19 | 20 | 21 | 22 | 20        | 21 | 22 | 23 | 24 | 25 | 26 |
| 26   | 27 | 28 | 29 | 30 | 31 |    | 23     | 24 | 25 | 26 | 27 | 28 | 29 | 27        | 28 | 29 | 30 |    |    |    |
|      |    |    |    |    |    |    | 30     | 31 |    |    |    |    |    |           |    |    |    |    |    |    |

## Contents of the Training

- ✓ Learn Japanese used in the workplace (Kaigo).
- ✓ Learn about the mental and physical conditions of the elderly and disabled.
- ✓ Learn how to communicate with such people.
- ✓ Learn how to care for them as safely, simply, and comfortably as possible.
- ✓ Experience the actual workplace.
- ✓ You can count on our assistance to find a job.

## Map of Training & Admission Exam Location



## Training Provider

Kaigo Rodo Antei Center, Shizuoka Branch  
(TEL: 054-252-0222)

## For Inquiries

Shizuoka Kenritsu Koka Tanki  
Daigakko Shizuoka Campus  
Person in charge: Inaba  
TEL : 054-345-3098  
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